



FIXX™



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FIXX is a convenient, organic chocolate meal replacement shake made with the highest-quality standards on earth. Pleasantly nourishing with vitamins, minerals, antioxidants, probiotics, protein, even an organic fruit and vegetable blend! Perfectly sweetened with the crystals of honey, FIXX comes in convenient single servings. Just add water, milk or rice milk (include ice and your favorite fruits) and enjoy. Get your FIXX today, and everyday!

DIRECTIONS: Empty 1 FIXX packet into 8 oz. of water or milk. Add ice, bananas, nuts or even berries! You name it! Blend it up! Shake it up!

We recommend that you start your day out with FIXX, a convenient, organic chocolate meal replacement shake. FIXX comes in single serving packets, making it easy to take everywhere. Once you experience this delicious pick-me-up... share it! After all, you want healthy friends too, right?

Share FIXX while you're demonstrating FORM™. It's simple to make a batch, pour into small cups, and pass out to the entire room. Mix it up in some skim milk or water, add some fruit if you're feeling really festive, even throw in some ice and... voila! You're the hit of the party. Healthy, wealthy, and wise! FIXX: The next generation of weight management.

INGREDIENTS: 24 Karat Chocolate Powder, Organic Whey Protein, Inulin, High Oleic Sunflower Oil, Guar Gum, Calcium Citrate, CreaFibe SC 40 (vegetable dietary fiber), Potassium Citrate, Oat Fiber, Honey Crystals, Magnesium Oxide, Sodium chloride, Trace Mineral Blend, Inositol, Mono and Di-glycerides, Vanadium Chelate, Vitamin C (Ascorbic Acid), Ginger, Bromelain, Organic Vegetable Blend (Carrot, Broccoli, tomato, Cucumber, Kale, Spinach, Parsley, Cabbage, Celery, Cauliflower, Green Bell Peppers, Asparagus, Brussels Sprouts, Onion, Garlic, Ginger), Organic Fruit Blend (Apple, Grape, Grapefruit, Orange, Pineapple, Lemon, Lime, Cherry, Watermelon, Pear, Mango, Strawberry, Papaya, Tangerine, Apricot) (Proprietary Probiotic Blend (Lactobacillus Acidophilus, Lactobacillus Bulgaricus, Bifidobacterium Bifidum, Lactobacillus Rhamnosus, Lactobacillus Casei, Lactobacillus Plantarum, Lactobacillus Brevis, Lactobacillus Caucasicus) Xylitol, Chromium Chelate, Chromium Picolinate, Iron Ferrumate, Natural Vitamin E Acetate, Vitamin B3 (Niacinamide), Zinc Oxide, Copper Gluconate, Selenium Chelate, Guarana Powder, Vitamin A, Acetate, Pantothenic Acid, Biotin, Manganese Chelate, Vitamin D3, Molybdenum Chelate, Vitamin B6 (Pyridoxine), Vitamin B2 (Riboflavin), Vitamin B1 (Thiamine), Folic Acid, Potassium Iodide, Vitamin B12 Phosphorus.

POWERED by
FOREVERGREEN



FIXX™

HIGHLIGHTED INGREDIENTS AND THE GOOD THINGS THEY DO FOR YOUR BODY!

- **24 Karat Chocolate® Powder** is organic, dark, cocoa powder without the waxes, fine sugar, dairy, artificial flavors, etc. that are found in other commercial chocolates. Chocolate is the number-one antioxidant in the food chain, and it's the number-one craved food in the world.
- **Organic whey protein** offers a number of different health benefits, including assisting in the production of lean muscle mass. Organic whey protein has also been found to be beneficial for weight loss, specifically fat loss. It also helps with proper brain function, and enhances immune function by increasing important glutathione levels. Organic whey protein is actually now known as being the most biologically available protein on the market, which is quite an accomplishment. This is because the organic whey protein is the most easily absorbed, easy to utilize protein which offers the most protein per serving.
- **Inulin** is used increasingly in foods because it has unusual nutritional characteristics. It ranges from completely bland to subtly sweet and can be used to replace sugar, fat and flour. This is particularly advantageous because inulin contains a third to a quarter of the food energy of sugar or other carbohydrates and a sixth to a ninth of the food energy of fat. It also increases calcium absorption and possibly magnesium absorption, while promoting the growth of intestinal bacteria. Nutritionally, it is considered a form of soluble fiber and is sometimes seen as a prebiotic. Inulin has a minimal impact on blood sugar, and—unlike fructose—is not insulemic and does not raise triglycerides, making it generally considered suitable for managing healthy blood sugar levels.
- **High Oleic Sunflower Oil** has been spurred by dietary recommendations favoring high monounsaturates, low saturates and stable alternatives to hydrogenated oils. This is because high oleic sunflower oil promotes HDL lipid production. Trans-fatty acids decrease the HDL lipids in the body. Eliminating oils and fats that contain trans-fatty acids promotes a higher level of HDL in the body. Unlike other oils, high oleic sunflower oil has no trans-fatty acids and is also naturally high in Vitamin E.
- **Inositol** plays an important part in the health of cell membranes, especially the specialized cells in the brain, bone marrow, eyes and intestines. The function of the cell membrane is to regulate the contents of the cell, which makes effective functioning possible.
- **Probiotic Blend** with 8 lactobacillus and bifidobacterim ingredients. Your body contains billions of bacteria and other microorganisms. The term “probiotics” refers to dietary supplements or foods that contain beneficial, or “good,” bacteria that are similar to those normally found in your body. Although you don’t need probiotics to be healthy, these microorganisms may provide some of the same health benefits that the bacteria already existing in your body do — such as assisting with digestion and helping to protect against harmful bacteria. There is a growing public and scientific interest in probiotics. Researchers are studying whether probiotics taken as foods or supplements can help support good health.
- **Xylitol** is a sweetener that occurs naturally. It can be found, for instance, in berries, fruit, vegetables and mushrooms.

